

Coaching For Institutions

*Bringing Health to
Medicine*

INTERACTIVE, CUSTOMIZED,
EDUCATIONAL PROGRAMS
FOR THE PREVENTION AND
TREATMENT OF BURNOUT

BENEFITS OF COACHING

Coaching:

- Is both an antidote and potent preventative to burnout
- Enriches experience of personal and professional health
- Offers tangible tools for physicians to gain control of their experience
- Empowers physicians to take better care of themselves and patients
- Helps create a reproducible process to support a sustainable career
- Is an intervention to address systemic challenges
- Creates opportunity for contentment, satisfaction and success in any situation

WHO WE ARE

- Board Certified Physicians
- Trained Coaches
- Experts in academic medicine, research, public health, policy development, physician wellness, mindfulness, administration and leadership
- National network with common interest in bringing health to medicine through coaching

RELEVANT ARTICLES

[Coaching for Prevention & Treatment of Burnout](#)

[Quest for Worthiness](#)

[Power in Choice](#)

CONTACT

WEBSITE:

www.coachingforinstitutions.com

E-MAIL:

contact@coachingforinstitutions.com

INQUIRY CALL:

[Click Here to Schedule](#)

PROGRAM OPPORTUNITIES

- Identify areas of concern, levels of physician distress and opportunities for intervention
- Meet with CFI leadership to review results of needs assessment, develop an action plan and create a customized intervention program to effect meaningful and lasting change
- Follow up on results of program by tracking updated needs assessment progress and customize additional interventions with expert support
- Option for external consultation and coaching, utilizing expertise of physicians trained as coaches

PROGRAM OBJECTIVES

- Address concerns specific to your institution
- Effectively utilize resources within your own institution
- Access expert support to create effective, customized programming
- Develop a culture of proactive well-being leadership & practice
- Programming with CME accreditation available

PROGRAM OFFERINGS

- Flexible timeline of creation & implementation
- Development of customized intervention plan
- Communication with and coaching for senior leadership team available
- Expert guidance through implementation, follow up and continuity plan development
- Tracking of progress through needs assessment utilizing external or internal resources